KNOW YOUR EMPLOYEE BENEFITS



BENEFITS MANAGEMENT GROUP

December 10, 2018

#### ATTN: ALL FULL-TIME EMPLOYEES MERIDIAN AIRPORT AUTHORITY

Your group medical, dental, vision, basic life, and voluntary life policy will renew on **January 1, 2019.** Your medical will remain the same with no change in carrier or benefits. The dental, vision, basic life, and voluntary life will be moving to a new carrier Principal Financial with no changes in benefits. Please be advised that the Open Enrollment Period for all full time employees is the month of **December**. The following is an outline of how the Open Enrollment Period works.

- The Open Enrollment Period is the 31-day period immediately preceding the group's renewal date. An Eligible Person who failed to apply for coverage for himself/herself and or any Eligible Dependent(s) when initially eligible or during a Special Enrollment Period may apply during the Open Enrollment Period.
- To apply during the Open Enrollment Period, the Eligible Person must submit and the company must receive an Enrollment Form or Request for Change Form prior to the end of the Open Enrollment Period. The Effective Date of coverage will be **January 1st.**
- If an Enrollment Form or Request for Change is not received the company specified above, the Eligible Person must wait to apply for coverage for himself/herself and/or any Eligible Dependent(s) during the Group's next Open Enrollment Period or a Special Enrollment Period if a subsequent qualifying event occurs.

#### SPECIAL ENROLLMENT NOTICE

This notice is being provided to insure that you understand your right to apply for group health insurance coverage. You should read this notice even if you plan to waive coverage at this time.

#### Loss of Other Coverage

If you are declining coverage for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment within 30 days after you or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

Example: You waived coverage because you were covered under a plan offered by your spouse's employer. Your spouse terminates his employment. If you notify your employer within 30 days of the date coverage ends, you and your eligible dependents may apply for coverage under our health plan.

#### Marriage, Birth, or Adoption

If you have a new dependent as a result of a marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 30 days after the marriage, birth, or placement for adoption.

Example: When you were hired by us, you were single and chose not to elect health insurance benefits. One year later, you marry. You and your eligible dependents are entitled to enroll in this group health plan. However, you must apply within 30 days from the date of your marriage.

#### **Medicaid or CHIP**

If you or your dependents lose eligibility for coverage under Medicaid or the Children's Health Insurance Program (CHIP) or become eligible for a premium assistance subsidy under Medicaid or CHIP, you may be able to enroll yourself and your dependents. You must request enrollment within 60 days of the loss of Medicaid or CHIP coverage or the determination of eligibility for a premium assistance subsidy.

Example: When you were hired by us, your children received health coverage under CHIP and you did not enroll them in our health plan. Because of changes in your income, your children are no longer eligible for CHIP coverage. You may enroll them in this group health plan if you apply within 60 days of the date of their loss of CHIP coverage.

#### For More Information or Assistance

To request special enrollment or obtain more information, please contact your Human Resources Manager or Benefits Management Group, Inc.

Note: If you and your eligible dependents enroll during a **special enrollment period**, as described above, you are not considered a late enrollee. Therefore, your group health plan may not require you to serve a pre-existing condition waiting period of more than 12 months. Any preexisting condition waiting period will be reduced by time served in a qualified plan.

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The following are notices that the passage of the PPACA Healthcare Reform bill requires that we provide. For more information regarding these or other provisions of your health insurance plan, contact Benefits Management Group at 601 485-0688.

#### Notice of Opportunity to Enroll In connection with Extension of Dependent Coverage to Age 26

Individuals whose coverage ended, or who were denied coverage (or were not eligible for coverage), before attainment of age 26 due to student status, marital status, financial dependency or residency are eligible to enroll in this group health plan.

#### Notice of Lifetime Limit No Longer Applies

The lifetime limit on the dollar value of benefits under your group health plan no longer applies. Individuals whose coverage ended by reason of reaching a lifetime limit under the plan are eligible to enroll in the plan.

#### Notice of Designation of a Primary Care Provider

You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. For information on how to select a primary care provider, and for a list of the participating primary care providers, you may go to <u>www.bcbsms.com</u>. For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from Blue Cross Blue Shield of MS or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals

#### The Women's Health and Cancer Rights Act of 1998 ("WHCRA")

Do you know that your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomyrelated services including all stages of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema? Call your Human Resources Manager or Benefits Management group for more information.

### The Mental Health Parity and Addiction Equity Act of 2008

On October 3, 2008, President Bush signed into law the Emergency Economic Stabilization Act of 2008. Contained within this important but unrelated piece of emergency legislation is the *Mental Health Parity and Addiction Equity Act of 2008* (the "Act"), which requires group health plans to apply the same treatment limits on mental health or substance-related disorder benefits as they do for medical and surgical benefits. The Act also extends this parity requirement to inpatient and outpatient services, whether in-network or out-of-network, and to emergency care services.

Notably, the Act revised the definition of "mental health benefits" to now include substance use disorder benefits. The Act also requires group health plans to apply the same beneficiary financial requirements to mental health or substance use disorder benefits as they apply for medical and surgical benefits, including limits on deductibles, copayments and out-of-pocket expenses. Plan administrators are further required to make the criteria for "medical necessity" determinations with respect to mental health and substance use disorder benefits available to plan participants, beneficiaries or providers upon request.

Accordingly, if plans have limits on hospital inpatient days and/or outpatient visits for mental health treatments, but not for other treatments, they will be required to change their current plan design to comply with the new requirements of the Act.

The Act is applicable to plan years beginning after October 3, 2009 (for calendar year plans, that is **January 1, 2010** and to group health plans under a collective bargaining agreement the later of (1) plan years starting on or after Jan. 1, 2010, or (2) the termination date of the last collective bargaining agreement relating to the plan.

For a copy of the new law, see: <u>http://www.govtrack.us/congress/bill.xpd?bill=h110-1424</u>

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### **HIPAA PRIVACY PRACTICES REMINDER**

Your plan's Notice of Privacy Practices is available and can be obtained by requesting from Benefits Management Group by calling 601 485-0688 or emailing <a href="mailto:bmg@bmgp.net">bmg@bmgp.net</a>.

#### NMHPA – Newborns' and Mothers' Health Protection Act of 1996

Under the Newborns' and Mothers' Health Protection Act of 1996, group health plans and health insurance issuers generally may not restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under federal law, require that a provider obtain authorization from the Plan or the issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours). In no event will an "attending provider" include a plan, hospital, managed care organization, or other issuer.

If a Physician believes that it is Medically Necessary for hospitalization in connection with childbirth to extend beyond the length of time of forty-eight (48) hours following a normal vaginal delivery or ninety-six (96) hours following a caesarian section, the Physician must request the additional days. The Utilization Review/Precertification carrier will determine the Medical Necessity of the additional days.

Benefits are payable in the same manner as for medical or surgical care of an Illness, shown in the Schedule of Benefits and this section, and subject to the same maximums.

## DISCLOSURE OF GRANDFATHER STATUS under the PATIENT PROTECTION and AFFORDABLE CARE ACT

To maintain status as a grandfathered health plan, must include a statement that we believe the MERIDIAN AIRPORT AUTHORITY Employee Healthcare Plan is a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act).

The MERIDIAN AIRPORT AUTHORITY Employee Healthcare Plan believes this Plan is a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that your Plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the Claims Administrator: BLUE CROSS OF MISS PO BOX 1043 JACKSON, MS 39215 1-877-229-1185

You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u>. This website has a table summarizing which protections do and do not apply to grandfathered health plans.

## Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit **www.healthcare.gov**.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or **www.insurekidsnow.gov** to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at **www.askebsa.dol.gov** or call **1-866-444-EBSA** (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2018. Contact your State for more information on eligibility –

ALABAMA – Medicaid	FLORIDA – Medicaid
Website: <u>http://myalhipp.com/</u>	Website: <u>http://flmedicaidtplrecovery.com/hipp/</u>
Phone: 1-855-692-5447	Phone: 1-877-357-3268
ALASKA – Medicaid	GEORGIA – Medicaid
The AK Health Insurance Premium Payment Program Website: <u>http://myakhipp.com/</u> Phone: 1-866-251-4861 Email: <u>CustomerService@MyAKHIPP.com</u> Medicaid Eligibility: <u>http://dhss.alaska.gov/dpa/Pages/medicaid/default.asp</u> <u>X</u>	Website: <u>http://dch.georgia.gov/medicaid</u> - Click on Health Insurance Premium Payment (HIPP) Phone: 404-656-4507
ARKANSAS – Medicaid	INDIANA – Medicaid
Website: <u>http://myarhipp.com/</u> Phone: 1-855-MyARHIPP (855-692-7447)	Healthy Indiana Plan for low-income adults 19-64 Website: <u>http://www.in.gov/fssa/hip/</u> Phone: 1-877-438-4479 All other Medicaid Website: <u>http://www.indianamedicaid.com</u> Phone 1-800-403-0864
COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)	IOWA – Medicaid
Health First Colorado Website: <u>https://www.healthfirstcolorado.com/</u> Health First Colorado Member Contact Center: 1-800-221-3943/ State Relay 711 CHP+: Colorado.gov/HCPF/Child-Health-Plan-Plus CHP+ Customer Service: 1-800-359-1991/ State Relay 711	Website: http://dhs.iowa.gov/hawk-i Phone: 1-800-257-8563

KANSAS – Medicaid	NEW HAMPSHIRE – Medicaid
Website: <u>http://www.kdheks.gov/hcf/</u> Phone: 1-785-296-3512	Website: https://www.dhhs.nh.gov/ombp/nhhpp/ Phone: 603-271-5218 Hotline: NH Medicaid Service Center at 1-888-901- 4999
KENTUCKY – Medicaid	NEW JERSEY – Medicaid and CHIP
Website: <u>https://chfs.ky.gov</u> Phone: 1-800-635-2570	Medicaid Website: <u>http://www.state.nj.us/humanservices/</u> <u>dmahs/clients/medicaid/</u> Medicaid Phone: 609-631-2392 CHIP Website: <u>http://www.njfamilycare.org/index.html</u> CHIP Phone: 1-800-701-0710
LOUISIANA – Medicaid	NEW YORK – Medicaid
Website: <u>http://dhh.louisiana.gov/index.cfm/subhome/1/n/331</u> Phone: 1-888-695-2447	Website: <u>https://www.health.ny.gov/health_care/medicaid/</u> Phone: 1-800-541-2831
MAINE – Medicaid	NORTH CAROLINA – Medicaid
Website: http://www.maine.gov/dhhs/ofi/public- assistance/index.html Phone: 1-800-442-6003 TTY: Maine relay 711	Website: <u>https://dma.ncdhhs.gov/</u> Phone: 919-855-4100
MASSACHUSETTS – Medicaid and CHIP	NORTH DAKOTA – Medicaid
Website: http://www.mass.gov/eohhs/gov/departments/masshe alth/ Phone: 1-800-862-4840	Website: <u>http://www.nd.gov/dhs/services/medicalserv/medicaid</u> / Phone: 1-844-854-4825
MINNESOTA – Medicaid	OKLAHOMA – Medicaid and CHIP
Website: <u>https://mn.gov/dhs/people-we-serve/seniors/health-</u> <u>care/health-care-programs/programs-and-</u> <u>services/other-insurance.jsp</u> Phone: 1-800-657-3739	Website: <u>http://www.insureoklahoma.org</u> Phone: 1-888-365-3742
MISSOURI – Medicaid Website:	OREGON – Medicaid Website:
http://www.dss.mo.gov/mhd/participants/pages/hipp. htm Phone: 573-751-2005	http://healthcare.oregon.gov/Pages/index.aspx http://www.oregonhealthcare.gov/index-es.html Phone: 1-800-699-9075
MONTANA – Medicaid	PENNSYLVANIA – Medicaid
Website: <u>http://dphhs.mt.gov/MontanaHealthcarePrograms/HI</u> <u>PP</u> Phana 2 San (constant)	Website: http://www.dhs.pa.gov/provider/medicalassistance/he althinsurancepremiumpaymenthippprogram/index.ht
Phone: 1-800-694-3084	<u>m</u> Phone: 1-800-692-7462
NEBRASKA – Medicaid	RHODE ISLAND – Medicaid
Website: <u>http://www.ACCESSNebraska.ne.gov</u> Phone: (855) 632-7633 Lincoln: (402) 473-7000 Omaha: (402) 595-1178	Website: <u>http://www.eohhs.ri.gov/</u> Phone: 855-697-4347
NEVADA – Medicaid	SOUTH CAROLINA – Medicaid
Medicaid Website: <u>https://dhcfp.nv.gov</u> Medicaid Phone: 1-800-992-0900	Website: <u>https://www.scdhhs.gov</u> Phone: 1-888-549-0820

SOUTH DAKOTA - Medicaid	WASHINGTON – Medicaid
Website: <u>http://dss.sd.gov</u>	Website: <u>http://www.hca.wa.gov/free-or-low-cost-</u>
Phone: 1-888-828-0059	health-care/program-administration/premium-payment-
	program
	Phone: 1-800-562-3022 ext. 15473
<b>TEXAS – Medicaid</b>	WEST VIRGINIA – Medicaid
Website: <u>http://gethipptexas.com/</u>	Website: <u>http://mywvhipp.com/</u>
Phone: 1-800-440-0493	Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)
UTAH – Medicaid and CHIP	WISCONSIN – Medicaid and CHIP
Medicaid Website: <u>https://medicaid.utah.gov/</u>	Website:
CHIP Website: <u>http://health.utah.gov/chip</u>	https://www.dhs.wisconsin.gov/publications/p1/p10095.p
Phone: 1-877-543-7669	df
	Phone: 1-800-362-3002
VERMONT– Medicaid	WYOMING – Medicaid
Website: <u>http://www.greenmountaincare.org/</u>	Website: <u>https://wyequalitycare.acs-inc.com/</u>
Phone: 1-800-250-8427	Phone: 307-777-7531
VIRGINIA – Medicaid and CHIP	
Medicaid Website:	
http://www.coverva.org/programs premium assistance.	
<u>cfm</u>	
Medicaid Phone: 1-800-432-5924	
CHIP Website:	
http://www.coverva.org/programs premium assistance.	
<u>cfm</u>	
CHIP Phone: 1-855-242-8282	

To see if any other states have added a premium assistance program since July 31, 2018, or for more information on special enrollment rights, contact either:

U.S. Department of Labor Employee Benefits Security Administration Centers for Medicare & Medicaid Services www.dol.gov/agencies/ebsa 1-866-444-EBSA (3272)

U.S. Department of Health and Human Services www.cms.hhs.gov 1-877-267-2323, Menu Option 4, Ext. 61565

## **Paperwork Reduction Act Statement**

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email ebsa.opr@dol.gov and reference the OMB Control Number 1210-0137.